

Check your pantry

- Wide rice mixed
- White rice
- Sugar
- Brown sugar
- Soy sauce
- Worcestershire sauce
- Fish sauce
- Honey
- Ketchup
- Chicken stock
- Chicken bouillon
- Garlic powder
- Peppercorns
- Ground sage
- Bay leaf
- Parsley flakes
- Olive oil
- Vegetable oil
- Salt & pepper

Produce

- 4 medium Bok choy
- 1 cup Sugar snap peas
- 1 Red pepper
- 1 Green pepper
- 4 cups Swiss chard
- 1 rib Celery
- 3 Carrot
- 4 Russet potatoes

- 2 Onions
- 1 Leek
- 1 bunch Scallions
- 1/4 cup Fresh Thai basil leaves
- 10 cloves Garlic
- 3 Lime leaves
- 1 Lime

Bread & Bakery

- 4 small Baguettes

Dairy

- Butter

International & Ethnic

- 11 oz Chow mein noodles
- 2 tablespoons Curry paste (any type you like)
- 1 can Bamboo shoot (14oz)

Jams & Preserves

- 1/2 lb Dried black eyed peas
- 1 can Diced tomato (14oz)
- 1 cup Coconut milk

Meat & Poultry

- 1 to 1 1/2 lb Beef Chuck Roast
- 4 Chicken thighs with drumsticks
- 14 oz Ground beef
- 1 lb Italian sausage
- 2 1/2 lb Ribs