

Check your pantry

- White rice
- Cornstarch
- Sugar
- Oregano
- 4 1/2 Cup Chicken broth
- Soy sauce
- Oyster sauce
- Sesame oil
- Vegetable oil
- Olive oil
- EVOO (Extra Virgin Olive Oil)
- Red wine vinegar
- Sherry
- Salt & pepper

Produce

- 2 Red peppers
- 1 large Carrot
- 3 Red onions
- 1 Bunch Garlic Stems
- 1 stick Celery
- 1 medium Onion
- 1/2 pint Cherry tomatoes
- 1/2 lb Shredded Green Papaya
- 1/2 lb Green beans
- 2 Cups Baby Spinach
- 1/2 lb Baby Bok Choy
- 2 lb New potatoes

- 2 Oranges
- 1 Inch Ginger
- 14 cloves Garlic
- 1 Lemon
- 1 large Lime
- 1 bunch Green onions
- 1 bunch Thai basil
- 1 bunch Fresh thyme
- 1 bunch Coriander

Frozen Foods

- 1/3 cup Frozen corn
- 1/3 cup Frozen peas

International & Ethnic

- Fish sauce

Meat & Poultry

- 2 Racks Baby Back Ribs (15-18 ribs)
- 12 Chicken thighs/drumsticks (bone in, with skin)
- 750 g Sausages (I used the sweeter ones)
- 1 1/2 lb Boneless & skinless chicken breasts (cut into chunks)
- 4 6-8oz Steaks

Nuts

- 1 cup Dry roasted peanuts

Pasta & Noodles

- 1 bag Spaghetti

Seafood

- 4 6-8oz White Fish fillets (I used tilapia)
- 8 Shrimp (optional)